



GENEVA POLO CLUB & GRACE POLO

Grace Polo Clinic

Experienced Players: May 31st Beginner Players: June 1st

Date: May 31st Saturday Experienced Player Clinic

Location: Ground 2 and Riding Arena (near grd 2)

Itinerary Clinic: 10am – 1.15pm plus 45 mins video analysis of chukkas

10am Introduction with coffee/croissant (Tent on Grd 2)

10.15 – 11.00am Polo Swing VG on wooden horse (near tent) to demonstrate swing. Players with short sticks.

11.00 – 11.45am Polo Riding (in Arena) – one horse

11.45 – 12.30am Stick & Ball (Grd 2) – one horse

12.30 – 1.15pm Game Theory (White board under tent).

1.15 – 2.15pm Lunch

2.30pm Chukkas (to be videoed)

45 mins Online video analysis – time to be agreed



Grace Polo Clinic May 2025

Date: June 1st Sunday Chukkas, Beginner Player Clinic & Asado

Location: Ground 2 and Riding Arena (near grd 2)

Itinerary Clinic: 1.30pm – 5.30pm

10am – 12pm	Chukkas – Experienced players
12.00 – 1.30pm	ASADO
1.30 – 1.45pm	Introduction
1.45 – 2.30pm	Polo Swing VG on wooden horse (near tent) to demonstrate swing. Players with short sticks.
2.30 – 3.15am	Polo Riding (in Arena) – one horse
3.15 – 4.00pm	Stick & Ball (Grd 2) – one horse
4.00 – 4.45pm	Game Theory (White board under tent).
5.00 – 5.30pm	2 Chukkas – Beginner Players

Costs:

Players with Own Ponies: **450 €** (Early Bird before March 31: **400 €**)

Players with Rental Ponies: **600 €** (Early Bird before March 31: **550 €**)

Asado: Adults **50 €** / Kids (up to 12 yr) **20 €**



GENEVA POLO CLUB
ELEGANCE. PASSION. FUN

Booking & Payment Method:

On GPC players group or email sponsoring@genevapolo.com

Please kindly make your reservation payment to GPC

Geneva Polo Club, Geneve, 14 rue Calvin, 1204 Geneve.

Post Finance LTD. IBAN: CH25 0900 0000 9185 0074 7

Topics for the Clinics:

Polo Swing: Swing mechanics and Common Errors with: Offside Forehand & Backhand, Nearside Forehand & Backhand, Ball location for each shot. Experienced players: Neck shots / Tail shots.

Polo Riding: Correct use of the seat, legs, hands, Body weight & Balance / Signals to Go, Stop, Turn / Half-seat Polo Position / Quick Stop / Quick Turn / Correct leading legs

Stick & Balling: Focus on using the right technique, timing, and ball location to maximize accuracy, precision and power through the shot.

Game Theory

Team tactics & positional plays in Attack & Defence with discussion on Throw-ins, Knock-ins, and Penalties – 30yds, 40yds, 60yds, 5A, 5B.

Victoria Grace Coaching:

A sample of Victoria Grace's coaching videos can be seen on YouTube /Instagram/Facebook @GracePoloCoaching. Full videos on Riding, Hitting, Game Theory, Player & Pony Preparation available on Grace Polo Online Coaching platform: www.gracepolo.com/coaching-online.